



New Beginnings

What are 'new beginnings'?

A new beginning means a new start to something. There are many times that represent a 'new beginning', such as the start of a new season, baby animals being born or the start of a new school year. Turning over a new leaf is an expression that means making positive changes.

spring lambs



buds and new leaves



the start of a new school year



Targets

Having a fresh start is a good opportunity to set new **targets** to help us to grow and improve. A fresh start also gives the opportunity to leave any old, unhelpful habits behind.

To set a target, think carefully about the areas in which you would like to improve. At school, an appropriate target could be always trying to '**SLANT**' or being brave in challenging learning. A target at home could be starting a new **hobby** or helping to set the table. After a few weeks, check how much progress you have made. If you have reached your target, you can set a new one.



Key vocabulary

hobby	An activity done regularly for enjoyment.
SLANT	'SLANT' stands for sit up, listen, ask and answer questions, nod your head and track the speaker. SLANT helps us to learn effectively.
target	A goal that you are working towards. A target board is used, for example in archery, to aim arrows at.

Try it yourself

Try making your own target board out of card.

