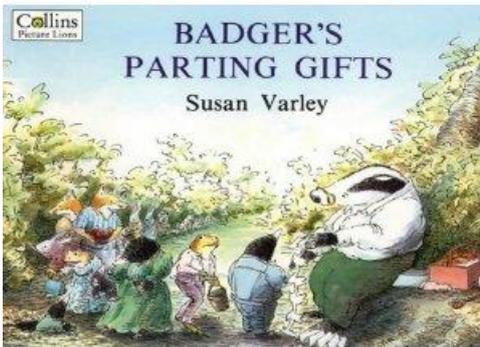
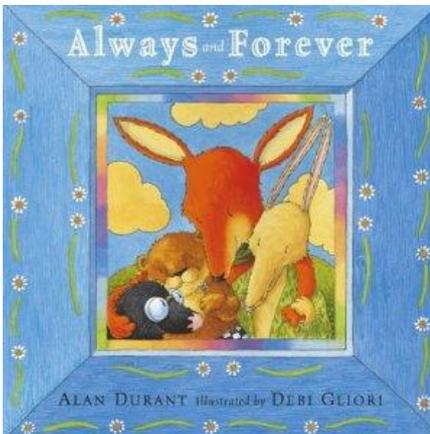


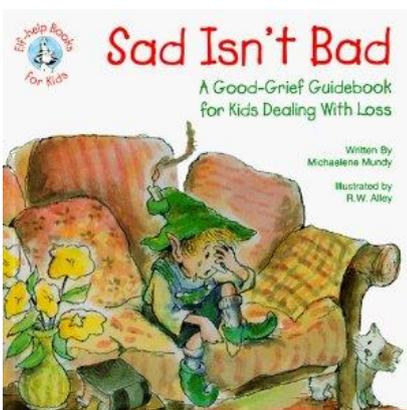
Recommended Books Coping with Grief



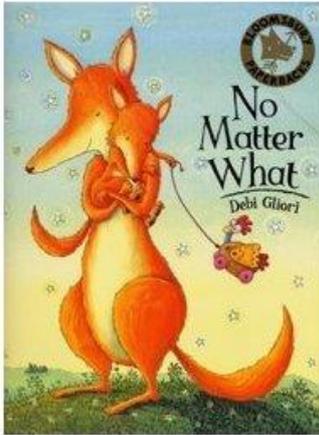
The tale of a dependable, reliable and helpful badger who realises that his old age will soon lead to death. His friends learn to come to terms with his death in an enchanting tale.



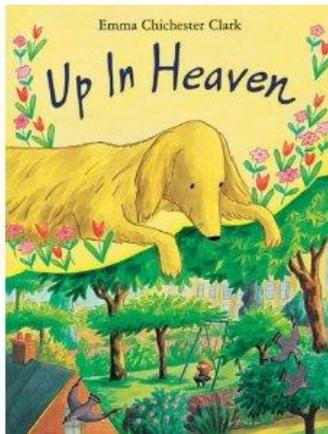
When Fox dies the rest of his 'family' are absolutely distraught. How will Mole, Otter and Hare go on without their beloved friend? But, months later, Squirrel reminds them all of how funny Fox used to be, and they realise that Fox is still there in their hearts and memories.



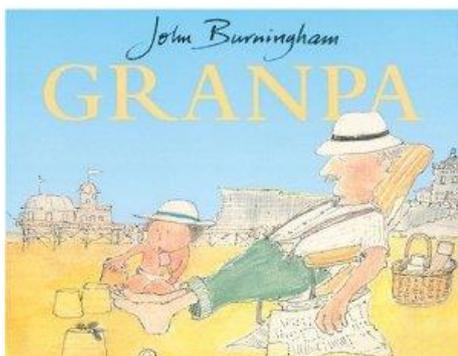
Well-crafted summary of the grief process, the book has 14 sections of two to three paragraphs that discuss the various aspects of grief, and the ways people cope with the death of loved ones. Written for a young audience, the material is valuable for all ages. While assuming the concept of life after death, this book is sensitive to differences in religious belief and practices and provides opportunities for the young reader to think, to ask questions, and to grow. The illustrations are clever and interesting to young children, they support the message in the text. An introductory message to adults who are working with children offers additional insights and ideas for working through grief.



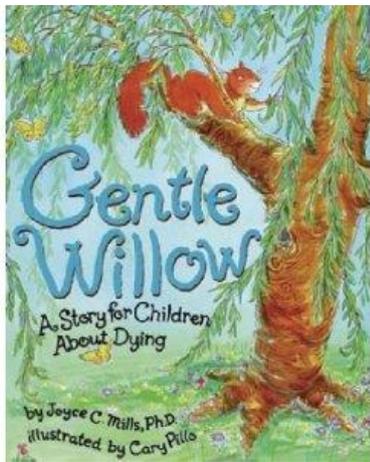
Children need to know that above all else they are loved. But in a hectic world where the stresses and strains of busy lives push emotions into the background and practicalities to the fore the little things can sometimes be forgotten, and while an adult can often be content with the mere assumption that those around them care and love them no matter what they do, a child often needs more reassurance.



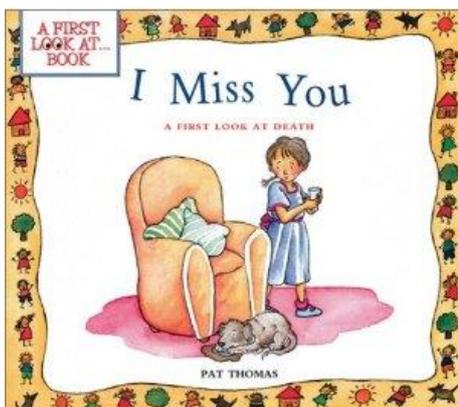
Elderly Daisy can't keep up with Arthur any more, and then one day she wakes up to find herself in heaven! How marvellous - now she no longer feels tired or ill, and she can run as fast as she used to! But she worries about Arthur because he is so miserable, and so she sends him dreams to show him where she is, and how happy she is now. One of the questions children regularly ask is: 'Do dogs go to heaven?' This unusual book provides the dog's answer, with the sure lightness of touch and deft storytelling that we have come to expect from this author: it may well move you to tears.



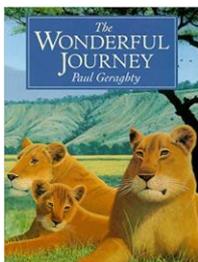
[Grandpa](#) describes the very special relationship between a little girl and her grandfather. Together they share some precious moments and adventures together. The charm of *Grandpa* is the dialogue of the two characters which is often amusing and insightful. [John Burningham](#) cleverly uses colour illustration to depict real life, with contrasting black and white to depict the little girl's imaginative interpretation of grandpa's words.



Written for children who may not survive their illness or for the children who know them, this tale helps address feelings of disbelief, anger, and sadness, along with love and compassion. Amanda and Little Tree discover that their friend Gentle Willow isn't feeling very well.



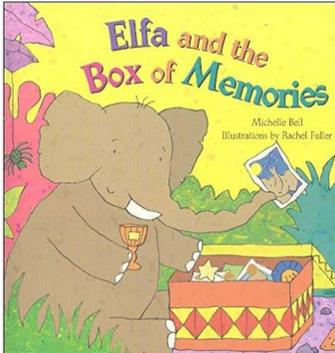
When a close friend or family member dies, it can be difficult for children to express their feelings. This book helps boys and girls understand that death is a natural complement to life, and that grief and a sense of loss are normal feelings for them to have following a loved one's death.



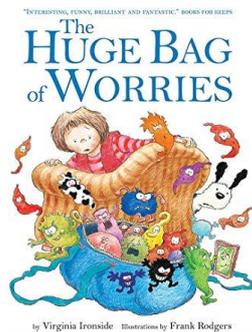
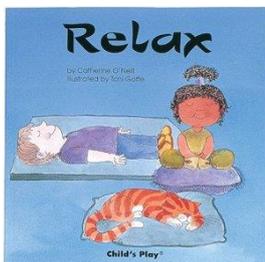
Grandma has been living with Sam's family in England but comes from far away. Every Wednesday she and Sam visit the railway yard to see the trains and tell stories, until one day Gran breaks the news that soon she will fly away again and tells Sam a special story to help him to feel better. They close their eyes and fly with the flamingos to Africa, over villages, rivers and open plains, until they land close to where Gran used to live. She tells of the

journeys she made as a girl on the big steam trains and Sam learns that with a little imagination he can travel anywhere in the world. When Sam returns to the railway yard the following week he cannot find his Grandma but he does find the memory of their stories. Gran had flown away but Sam can still hear her voice in the thunder of the trains.

Sam can travel the world whenever he wants to and will never lose his Gran as long as he holds her in his heart.



Elfa the elephant was in a bad mood. It was a hot day, and she was carrying a box on her back. It was really heavy and felt very uncomfortable. Elfa carried it on her back everywhere she went. She never took it off because she was scared of losing it. But even though it was a beautiful, shiny box, none of the other animals ever seemed to notice or ask what was inside... They didn't know that in it Elfa kept her most precious things - her memories. This is a beautifully illustrated picture book for young children on the importance of memories, sharing them, and finding ways of keeping them alive.



Winston's Wish List